

The Mission Statement



A personal mission statement is a sentence that describes your fundamental purpose in life. It says what you ultimately want to achieve in your life or career, and should be expressed in a specific, measurable way. A mission statement can help to guide you as you make and implement plans: continually compare your plans to your mission statement to make sure that you are on a path to achieve your long-term goals.

When writing your personal mission statement, consider:

- What it is you want to accomplish in the abstract: happiness, peace of mind, health, etc.
- What you know how to do well, what you enjoy doing, what you want to do in concrete terms: gardening, building things, sewing, etc.
- How might the things that you have identified come together into a mission statement that will give your goals direction?

MISSION STATEMENT EXAMPLE: My mission is to strengthen the health of and interpersonal bonds between the people in my community by bringing them together to plant and tend to community gardens.

Think about what you want to accomplish, and what you do well and enjoy doing, and try writing a mission statement below.
