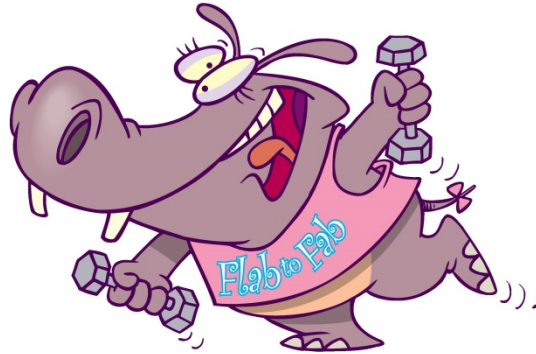


Name: _____ Date: _____

Hilda's Transitional Exercise

Directions: Circle the correct transition word to complete the sentences in the story.



Hilda is a very unhealthy hippo. She was told by Dr. Rino that she had to start exercising. (Next, Before), Hilda could start exercising she had to go buy the newest, cutest exercise attire. (Once, Then), she had bought a whole new wardrobe it was time to start her exercising routine. (First, Second), Hilda tried walking around the walking track but she found that to be boring walking around in circles. (Immediately, Next) she tried yoga but she quickly found out that she was not very good at that. (After that, Soon), disaster Hilda decided she need help figuring out a type of exercise that she would be good at and enjoy. (Tomorrow, Yesterday), Hilda hired a personal trainer. He suggested that Hilda join a gym and try weight lifting. Hilda decided to give it a try. (At last, Next), Hilda has found an exercise that she can be successful and that she loves. You can find Hilda at the gym lifting weights in her super cute exercise clothes. She is also in great shape.