Hydrate!

The sentences in the body of a paragraph should be organized in a logical order. One way to organize ideas within a paragraph is to use transition words, like one reason, another, also, additionally, and finally.

DIRECTIONS: James’s scouting troupe is learning about why it is important to drink water. Read James’ notes. Think about the order in which his sentences should occur in a paragraph. Write a number 1 to 9 next to each sentence. Then rewrite the sentences in paragraph form, using appropriate transition words.

Bad things happen to people us when there is not enough water in our bodies.

These things happen when you get heat exhaustion:

1. We can feel tired, irritable or sick to our stomachs.
2. When blood is thicker, it’s harder for the heart to pump it.
3. If you don’t drink enough water when you are out in the heat, you can get something called heat exhaustion.
4. A heat stroke can be life threatening.
5. A heat stroke happens when the body has to work so hard to try to keep cool, that its cooling mechanism just gives up.
6. Our blood gets thicker.
7. The best way to deal with illnesses related to overheating is to avoid them in the first place.