

# Jumpstart Your Journal



Journaling can be a great way to sort out your thoughts and feelings. It is a great bridge between your inner and outer lives. Regular journaling will also make you a better writer.

**DIRECTIONS:** Choose one of the prompts below, and write an entry in your journal.

#1: When I am a parent, I will never....

#2: Five years from now, I will be....

#3: If I could talk to animals, I would....

#4: If I could live anywhere in the world...

#5: The qualities I look for in a best friend are....

#6: What do you think your life would be like if suddenly there were no electricity?

#7: Is there someone from history that you would like to talk to? Who? What would you say to them? What would you ask?

#8: The most frightened I have ever been was when...