

Name _____ **Self Esteem**



You Are Unique!



Answer the questions below as a way to start thinking about all the ways that you are one-of-a-kind !

1. What is your best quality?
2. What is something that you do very well?
3. What is something that others always notice about you?
4. What do you like to do in your spare time?
5. What are three adjectives that describe you?
6. What groups or organizations do you belong to?
7. What would you like to be when you grow up?
8. What subjects in school interest you the most?
9. What subjects outside of school interest you the most?
10. What is your most prized possession?