

Name \_\_\_\_\_ **Goal Setting**

# Making Your Goals Achievable

Most goals can be broken down into smaller, sub-goals. Sub-goals are like stepping stones to achieving your overall goal: each sub-goal you accomplish gets you closer to your ultimate success. Even sub-goals can sometimes be broken down into smaller pieces. For example:

**GOAL:** Write a novel.

**SUB-GOALS:** Study how to structure a novel

- Read at least 3 books on the subject.

Have an idea for a story.

Use resources to develop the idea into an outline.

Get feedback on the story outline.

- Ask at least three people to give me honest feedback.

Write one page a day, five days a week until the first draft is complete.

Get feedback on the first draft.

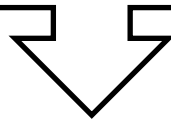
- Ask at least three people to give me honest feedback.

Revise.



**DIRECTIONS:** Use the method described above to break your goal down into manageable sub-goals. Fill out the organizer.

**GOAL**



**SUB-GOAL**

**SUB-GOAL**

**SUB-GOAL**

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