Calories Multiple Choice Questions

Circle the correct answer.

1. Calorie is a measure of
   a. Weight
   b. Distance
   c. Energy
   d. Volume

2. The prefix “kilo” means
   a. 10
   b. 100
   c. 1,000
   d. 10,000

3. Animals that do not consume enough calories over a long time
   a. Can lose weight
   b. Can starve
   c. Both a. and b. above
   d. None of the above

4. One degree Celsius equals
   a. 1 degree Fahrenheit
   b. 1.8 degrees Fahrenheit
   c. 10 degrees Fahrenheit
   d. 20 degrees Fahrenheit

5. Humans use calories when
   a. Running
   b. Studying
   c. Sleeping
   d. All of the above

6. People gain weight from
   a. Eating more food than they use up
   b. Eating more calories than they use up
   c. Both a. and b. above
   d. None of the above