Calories Short Answer Questions

1. Write the equations for converting a temperature in degrees Celsius to degrees Fahrenheit and degrees Fahrenheit to degrees Celsius.

2. What is the difference between the term calorie and Calorie?

3. You read an article in a magazine or on the Internet about food and nutrition that uses the term calories. What kind of calories is this article talking about?

4. Do some research and compare the number of calories in an apple and in 9 potato chips, about one ounce.

5. Why can eating foods that contain lots of fat cause a person to gain weight faster than eating protein?

6. Why do humans use up calories even when they are sleeping?

7. Why can people who are more active, like playing sports or exercising, eat more?